

## Physical Assessment Checklist

**Note to examiner:** Please verify that the student in the Non-Traditional Pharm.D. Program has demonstrated the ability to perform the listed exams to you. Please initial on the line to the left of each technique/skill as the student performs the exam. When the student has demonstrated proficiency in all the skills listed sign and date this form at the bottom.

Student Name (Print): \_\_\_\_\_

I have practiced and mastered the necessary skills to perform the listed examinations.

Student Signature: \_\_\_\_\_

**Pulse:**

\_\_\_\_\_ Demonstrate how to take a pulse rate on a patient.

**Respiratory Rate:**

\_\_\_\_\_ Demonstrate how to measure a respiratory rate on a patient.

**Blood Pressure:**

\_\_\_\_\_ Demonstrate how to measure blood pressure in a patient.

**Eye Exam:**

- \_\_\_\_\_ Demonstrate how to perform eye exam checking peripheral vision fields and having patient read from eye chart.
- \_\_\_\_\_ Demonstrate how to produce the red reflex in a patient.
- \_\_\_\_\_ Demonstrate how to visualize the optic disc/cup, visualize the vessels and see the macula.

**Ear Exam:**

- \_\_\_\_\_ Demonstrate how to check for normal hearing.
- \_\_\_\_\_ Demonstrate how to perform a Weber and Rinne test.
- \_\_\_\_\_ Demonstrate how to visualize the tympanic membrane and see the cone of light reflex.

**Nose Exam:**

\_\_\_\_\_ Demonstrate how to see the inferior and middle turbinates.

**Mouth Exam:**

- \_\_\_\_\_ Demonstrate to see the uvula and tonsillar region and know what is normal.
- \_\_\_\_\_ Demonstrate how to check any suspicious areas on the teeth for caries or infected gums.

**Neck Exam:**

- \_\_\_\_\_ Demonstrate how to palpate the thyroid gland.
- \_\_\_\_\_ Demonstrate how to check for lymphatic swelling.
- \_\_\_\_\_ Know the location of the carotids.

**Lung Exam:**

- \_\_\_\_\_ Demonstrate how to check for symmetry of respiratory movements.
- \_\_\_\_\_ Demonstrate where to check for fremitus.
- \_\_\_\_\_ Know the locations on the patient to check for breath sounds.

**Heart Exam:**

- \_\_\_\_\_ Demonstrate how to check for the apical impulse.
- \_\_\_\_\_ Know the areas of the chest to auscultate for heart sounds.
- \_\_\_\_\_ Demonstrate how to measure JVD.

**Breast Exam:**

- \_\_\_\_\_ Know how to perform a self-breast exam and how to instruct a patient (do not need to demonstrate skill - must understand and be able to explain to patient).

**Testicular Exam:**

- \_\_\_\_\_ Know how to instruct a male patient to perform a self-testicular exam (do not need to demonstrate skill - must understand and be able to explain to patient).

**Abdominal Exam:**

- \_\_\_\_\_ Demonstrate how to assess for bowel sounds.
- \_\_\_\_\_ Demonstrate how to percuss the span of the liver.

**Skin Exam:**

- \_\_\_\_\_ Know how to identify common skin lesions.

**Musculoskeletal Exam:**

- \_\_\_\_\_ Demonstrate how to check for range of motion in patient.
- \_\_\_\_\_ Demonstrate how to perform a Tinel or Phalen's test.

**Nervous Exam:**

- \_\_\_\_\_ Demonstrate how to check for the function of the 12 cranial nerves.

Name of professional assessing skills: \_\_\_\_\_

Physician \_\_\_\_\_, Nurse Practitioner \_\_\_\_\_, Pharm.D. \_\_\_\_\_, P.A. \_\_\_\_\_

I have observed the above named student perform the examination techniques and feel that he/she has the necessary skills to assess or screen patients for health conditions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Thank You for your help!*